

CZECH TAEKWON-DO ITF FEDERATION

Zátokova 100 / 2, P.S. 40, Prague 6, 160 17, GSM secretary: +420 604 258 109

<http://czechopen.taekwondo.cz> email: czechopen@taekwondo.cz



CZECH OPEN 2016

CUP OF EUROPE

- Date:** **March 19 – 20, 2016**
- Place:** **The Sport Centre Nymburk**, Sportovní 1801/2, Nymburk
<http://www.scnb.cz/sportovni-centrum-nymburk/en>
GPS Location: 50°10'39.39"N, 15°3'33.37"E
- Organizer:** Czech Taekwon-Do ITF Federation
Tournament director: Ondrej Vrabel (+420 777 011 692)
Umpire chairman: Dr. Rostislav Kanka (+420 602 409 399)
- Applications:** the deadline is on **Monday March 14, 2016 – 12:00 AM**. Please send applications on enclosed form to czechopen@taekwondo.cz
- Accommodation:** Organizer will provide accommodation and food for competitors, referees and guests who applied before deadline.
from 400 CZK / person / night (breakfast included; check out at 10 AM)
Hotel is part of the Sport Centre.
- Food:** lunch 120 CZK
dinner 120 CZK
- Fees:** **Foreign participants 0 CZK / competitor (400 CZK after deadline)**

! All payments should be done in CZK cash at registration !

PRELIMINARY COMPETITION'S SCHEDULE

Saturday, March 19

10:00 – 12:00	registration, weigh-in, accommodation (sport hall)
12:30	coach meeting
13:30	umpire meeting
14:00	start of 1st day of competition (youth, juniors & adults)
19:00	end of 1st day of competition (youth will be finished!) youth best overall competitors

Saturday, March 20

07:30 – 08:00	breakfast for referees (sport hall)
08:00	umpire meeting
08:30	start of 2nd day of competition
19:00	closing ceremony and best overall awarding

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COMPETITION INFORMATION

I. Divisions: individual competition only

II. Groups:

Youth male, female	year of birth 03, 04, 05 and younger
Junior male, female	year of birth 98, 99, 00, 01 and 02
Adult male, female	year of birth 97, 96, 95, 94 and older

Holders of yellow, green, blue, red and black belts (8th – 1st kup, I. – IV. dan)

Competitors older than 40 years and holders of V. & VI. Dan (veterans) are able compete in Adult age division. In pattern competition designated and optional patterns as IV. Dan holders.

III. Events: Youth will compete in pattern, sparring and special techniques.
Juniors and adults will compete in pattern, sparring, special techniques and power breaking.

There will be two groups for sparring, special techniques and power breaking:

- Group B – yellow, green and blue belts (**sparring only blue belts!**)
- Group A – red and black belts

PATTERN

<u>categories:</u> youth male	8.+7., 6.+5., 4.+3., 2.+1. kup, I. Dan
youth female	8.+7., 6.+5., 4.+3., 2.+1. kup, I. Dan
junior male	8.+7., 6.+5., 4.+3., 2.+1. kup, I., II., III. Dan
junior female	8.+7., 6.+5., 4.+3., 2.+1. kup, I., II., III. Dan
adult male	8.+7., 6.+5., 4.+3., 2.+1. kup, I., II., III., IV. Dan
adult female	8.+7., 6.+5., 4.+3., 2.+1. kup, I., II., III., IV. Dan

system of competition

- pyramid system will be used
- elimination: 1 designated pattern regarding competitor's degree
- finales: 1 optional & 1 designated pattern

The designated pattern will be chosen according to the competitor's rank (at the most, the higher pattern from his/her last examinations).

SPARRING

<u>categories:</u> youth male	-32, -38, -44, -50, +50 kg
youth female	-32, -38, -44, -50, +50 kg
junior male blue belts	-51, -57, -63, -69, -75, +75 kg
junior male red+black belts	-51, -57, -63, -69, -75, +75 kg
junior female blue belts	-46, -52, -58, -64, -70, +70 kg
junior female red+black belts	-46, -52, -58, -64, -70, +70 kg

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adult male blue belts	-57, -64, -71, -78, -85, +85 kg
adult male red+black belts	-57, -64, -71, -78, -85, +85 kg
adult female blue belts	-51, -57, -63, -69, -75, +75 kg
adult female red+black belts	-51, -57, -63, -69, -75, +75 kg

system of competition

- pyramid system will be used
- **only blue belts and above can compete**
- elimination: 1 round 3 minutes
- finales: 2 rounds 2 minute
- head guard is compulsory for youth & junior divisions

POWER

	ap joomuk	sonkal	yop chagi	dollyo chagi	bandae dollyo chagi
Junior male red+black belts	2	2	3	2	2
Junior male green+blue belts	1	2	3	2	-
Adult male red+black belts	2	2	4	3	3
Adult male green+blue belts	2	2	3	2	-
	sonkal	ap palkup	yop chagi	dollyo chagi	dolmyo chagi
Junior female red+black belts	1	1	2	2	2
Junior female green+blue belts	1	-	2	2	-
Adult female red+black belts	2	2	3	2	3
Adult female green+blue belts	1	-	2	2	-

Boards will be used plastic in white color

system of competition

- **Only green belts and above can compete** and also competitors for this event must be 15 years old or above on the day of competition.
- Will be used elimination technique for each category. Technique is on competitor's choice.
- Club can apply to each competition group in special techniques up to 2 competitors.

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SPECIAL TECHNIQUES

	nopi	dollyo	dolmyo	bandae	nomo
Youth male	215	210	-	-	130/70
Youth female	205	200	-	-	115/70
Junior male red+black belts	250	245	220	220	240/70
Junior male green+blue belts	245	240	-	-	230/70
Junior female red+black belts	220	215	180	180	170/70
Junior female green+blue belts	210	205	-	-	130/70
Adult male red+black belts	260	255	230	230	250/70
Adult male green+blue belts	255	250	-	-	240/70
Adult female red+black belts	225	220	180	180	185/70
Adult female green+blue belts	210	205	-	-	130/70

Heights and distances are in centimeters. Heights are measured at center of board.

system of competition

- **Only green belts and above can compete.**
- Will be used elimination technique for each category. Technique is on competitor's choice.
- Club can apply to each competition group in power up to 2 competitors.

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IV. Rules: Tournament will follow the EITF & ITF tournament rules with modifications for the Czech Taekwon-Do Federation.

V. Protest: Protest against umpire's decision must be done with valid procedure with payment **500 CZK within 5 minutes.**

VI. Umpires:

- **All clubs must bring:**
 - 1 umpire when having up to 15 competitors**
 - 2 umpires when having more than 15 competitors**
- Referee should be at minimum I. degree holder
- Clubs without any or with missing referees must pay a fine of 1000 CZK / referee.
- Referees have to be dressed by official EITF / ITF rules and have to be available in sport hall on Saturday at 1:30 PM & on Sunday at 8:00 AM.
- Organizer will provide and pay accommodation (Saturday-Sunday) and food (lunch+dinner on Saturday & unch on Sunday) for all umpires.

VIII. Trophies:

Competitors placing 1st, 2nd and 3rd place will be awarded medals. The most successful competitors from each group will be awarded a cup, as well as the most successful club.

IX. How to get to Nymburk

Town Nymburk is located only 50 kilometers to East from Prague. You will be able easily get there by car, train or plain from whole Europe. If you need any help don't hesitate to contact us.

By plane - airport Prague – Ruzyne and than by bus or train to Nymburk.

By car – direction from Prague highway D11 Exit 25, or from Hradec Kralove Exit 39.

By train – from East (for example from Ostrava or Brno) you need to change train in Kolin (aprox. 30min. from Kolin to Nymburk) or from West it is about 40min. from Prague's main station.

X. Miscellaneous:

The organizer, tournament director and umpire chairman reserve the right to merge categories. If a category consists of 3 or less competitors, it will be merged with a higher one. Only two similar categories can be merged. Coaches will be informed during the coach meeting.

Medical assistance during competition will be available only for competitors. It is the participant's responsibility to have full insurance coverage for all eventualities. The organizer will not be responsible for any injury or loss for participants before, during and after the Championship, howsoever arising.

In sparring will be allowed protective equipment approved by Czech Taekwon-Do Federation (available at czechopen.taekwondo.cz/sparring.pdf) – gloves with open palm and covered fingers!

All changes after coach meeting will be charged with 1000 CZK.

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Nymburk lies on the river Elbe, in a fertile part of central Bohemia, in altitude of 186 meters and the population is about 14 600 inhabitants.

The town was founded in about 1275 by the Czech king Premysl Otakar II. and during the Middle Ages it was one of the most important towns in the country, endowed with a lot of privileges. Present Nymburk is a modern administrative town, the centre of The Elbe area. It is a town of culture, verdancy, sports and also a lot of historical sights and monuments.

[Czech Open is part of schedule of the Czech Taekwon-Do ITF national team !](#)